

Welcome Autumn



ALL GRAINS ON THIS MENU ARE EITHER WHOLE GRAIN OR WHOLE WHEAT

Monday

Tuesday

Wednesday

Thursday

Friday

1

STRING CHEESE, MOZZAR
ELLA
CRACKERS, ASSORTED

2

BANANA BREAD
FRUIT, FRESH, ASSORTED
(1/2)

3

FRUIT, FRESH, ASSORTED
(1/2)
PRETZEL W/ SUNBUTTER

4

MUFFIN, ASSORTED 2OZ
FRUIT, FRESH, ASSORTED
(1/2)

7

VEGGIES, FRESH (1/2)
DRESSING, RANCH 1OZ
CRACKER, ANIMAL

8

COTTAGE CHEESE
PINEAPPLE CHUNKS, CND
(1)

9

CRACKERS, GRAHAM(1oz)
FRUIT, FRESH, ASSORTED
(1/2)

10

EGG,HARD-BOILED
CRACKER, ANIMAL

11

MUFFIN, ASSORTED 2OZ
FRUIT, FRESH, ASSORTED
(1/2)

14

VEGGIES, FRESH (1/2)
DRESSING, RANCH 1OZ
CRACKER, ANIMAL

15

STRING CHEESE, MOZZAR
ELLA
CRACKERS, ASSORTED

16

BANANA BREAD
FRUIT, FRESH, ASSORTED
(1/2)

17

FRUIT, FRESH, ASSORTED
(1/2)
PRETZEL W/ SUNBUTTER

18

NO SCHOOL TODAY

21

NO SCHOOL TODAY

22

COTTAGE CHEESE
PINEAPPLE CHUNKS, CND
(1)

23

CRACKERS, GRAHAM(1oz)
FRUIT, FRESH ASSORTED

24

EGG,HARD-BOILED
CRACKER, ANIMAL

25

MUFFIN, ASSORTED 2OZ
FRUIT, FRESH, ASSORTED
(1/2)

28

VEGGIES, FRESH (1/2)
DRESSING, RANCH 1OZ
CRACKER, ANIMAL

29

STRING CHEESE, MOZZAR
ELLA
CRACKERS, ASSORTED

30

BANANA BREAD
FRUIT, FRESH, ASSORTED
(1/2)

31

FRUIT, FRESH, ASSORTED
(1/2)
PRETZEL W/ SUNBUTTER

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION