

Welcome Autumn



Monday

Tuesday

Wednesday

Thursday

Friday

1

BREAKFAST BURRITO WITH SAUSAGE
CHEESE, STRING CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, 1% Lowfat MILK, Skim

2

PANCAKE WRAPPED SAUSAGE(1)
SYRUP, PANCAKE CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, 1% Lowfat MILK, Skim

3

ENGLISH MUFFIN WITH SAUSAGE
CEREAL, VARIETY, BOWL CRACKERS, ASSORTED
BAGEL, WHEAT CREAM CHEESE
FRUIT, FRESH ASSORTED MILK, 1% Lowfat
MILK, Skim

4

BREAKFAST PIZZA CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, 1% Lowfat MILK, Skim

7

FRENCH TOAST STICKS MINI PANCAKES, MAPLE
SYRUP, PANCAKE CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, Skim MILK, 1% Lowfat

8

BREAKFAST BURRITO WITH SAUSAGE
CHEESE, STRING CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, 1% Lowfat MILK, Skim

9

PANCAKE WRAPPED SAUSAGE(1)
SYRUP, PANCAKE CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, 1% Lowfat MILK, Skim

10

ENGLISH MUFFIN WITH SAUSAGE
CEREAL, VARIETY, BOWL CRACKERS, ASSORTED
BAGEL, WHEAT CREAM CHEESE
FRUIT, FRESH ASSORTED MILK, 1% Lowfat
MILK, Skim

11

BREAKFAST PIZZA CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, 1% Lowfat MILK, Skim

14

FRENCH TOAST STICKS MINI PANCAKES, MAPLE
SYRUP, PANCAKE CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, Skim MILK, 1% Lowfat

15

BREAKFAST BURRITO WITH SAUSAGE
CHEESE, STRING CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, 1% Lowfat MILK, Skim

16

PANCAKE WRAPPED SAUSAGE(1)
SYRUP, PANCAKE CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED BAGEL, WHEAT
CREAM CHEESE FRUIT, FRESH ASSORTED
MILK, 1% Lowfat MILK, Skim

17

ENGLISH MUFFIN WITH SAUSAGE
CEREAL, VARIETY, BOWL CRACKERS, ASSORTED
BAGEL, WHEAT CREAM CHEESE
FRUIT, FRESH ASSORTED MILK, 1% Lowfat
MILK, Skim

18

NO SCHOOL TODAY

21

NO SCHOOL TODAY

22

BREAKFAST BURRITO WITH SAUSAGE
CHEESE, STRING
CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED
BAGEL, WHEAT
CREAM CHEESE
FRUIT, FRESH ASSORTED
MILK, 1% Lowfat
MILK, Skim

23

PANCAKE WRAPPED SAUSAGE
AGE(1)
SYRUP, PANCAKE
CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED
BAGEL, WHEAT
CREAM CHEESE
FRUIT, FRESH ASSORTED
MILK, 1% Lowfat
MILK, Skim

24

ENGLISH MUFFIN WITH SAUSAGE
AGE
CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED
BAGEL, WHEAT
CREAM CHEESE
FRUIT, FRESH ASSORTED
MILK, 1% Lowfat
MILK, Skim

25

BREAKFAST PIZZA
CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED
BAGEL, WHEAT
CREAM CHEESE
FRUIT, FRESH ASSORTED
MILK, 1% Lowfat
MILK, Skim

28

FRENCH TOAST STICKS
MINI PANCAKES, MAPLE
SYRUP, PANCAKE
CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED
BAGEL, WHEAT
CREAM CHEESE
FRUIT, FRESH ASSORTED
MILK, Skim
MILK, 1% Lowfat

29

BREAKFAST BURRITO WITH SAUSAGE
CHEESE, STRING
CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED
BAGEL, WHEAT
CREAM CHEESE
FRUIT, FRESH ASSORTED
MILK, 1% Lowfat
MILK, Skim

30

PANCAKE WRAPPED SAUSAGE
AGE(1)
SYRUP, PANCAKE
CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED
BAGEL, WHEAT
CREAM CHEESE
FRUIT, FRESH ASSORTED
MILK, 1% Lowfat
MILK, Skim

31

ENGLISH MUFFIN WITH SAUSAGE
AGE
CEREAL, VARIETY, BOWL
CRACKERS, ASSORTED
BAGEL, WHEAT
CREAM CHEESE
FRUIT, FRESH ASSORTED
MILK, 1% Lowfat
MILK, Skim

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION