

# November



Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL TODAY
4 BREAKFAST FOR LUNCH SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM KETCHUP	5 QUESADILLA, CHICKEN SOUR CREAM SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	6 CHICKEN CHUNKS ROLLS, WHEAT SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM KETCHUP BBQ SAUCE	7 ITALIAN DIP STICKS SPAGHETTI SAUCE GREEN BEANS SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	8 CHEESEBURGER ON A BUN FRENCH FRIES SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM KETCHUP MUSTARD PICKLES, DILL SPEAR
11 BEEF & BEAN BURRITO GREEN CHILI SAUCE CORN SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	12 THANKSGIVING DINNER MILK, 1% LOWFAT MILK, SKIM	13 NACHOS WITH GROUND BE EF CINNAMON ROLL SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM PEPPERS, JALAPENO	14 TURKEY & CHEESE SANDW ICH VEGETABLE NOODLE SOUP SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM MAYONNAISE MUSTARD	15 PEPPERONI PIZZA FRUIT CUP, FROZEN SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM
18 CRISPY CHICKEN SANDWIC H SUNCHIPS, ORIGINAL SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM KETCHUP MAYONNAISE MUSTARD	19 SPAGHETTI & MEAT SAUCE ROLLS, WHEAT SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM PARMESAN CHEESE, GRAT ED	20 GRILLED CHEESE SANDWIC H TOMATO SOUP GOLDFISH, CHEDDAR SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM	21 HOT DOG ON A BUN BAKED BEANS SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM KETCHUP MUSTARD RELISH	22 COOKS CHOICE - WHOLE G RAIN SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM
25 THANKSGIVING BREAK	26 THANKSGIVING BREAK	27 THANKSGIVING BREAK	28 THANKSGIVING BREAK	29 THANKSGIVING BREAK