



ALL GRAINS ON THIS MENU ARE EITHER WHOLE GRAIN OR WHOLE WHEAT

Monday	Tuesday	Wednesday	Thursday	Friday
3 BREAKFAST FOR LUNCH FRUIT, FRESH, ASSORTED MILK, SKIM KETCHUP	4 QUESADILLA, CHICKEN FRUIT, FRESH, ASSORTED VEGGIES, FRESH MILK, SKIM	5 TURKEY, MASHED POTATOE S, AND GRAVY ROLLS, WHEAT FRUIT, FRESH, ASSORTED MILK, SKIM	6 ITALIAN DIP STICKS SPAGHETTI SAUCE GREEN BEANS FRUIT, FRESH, ASSORTED MILK, SKIM	7 CHEESEBURGER ON A BUN POTATO SALAD FRUIT, FRESH, ASSORTED MILK, SKIM KETCHUP MUSTARD
10 BEEF & BEAN BURRITO GREEN CHILI SAUCE CORN FRUIT, FRESH, ASSORTED MILK, SKIM	11 CHICKEN CHUNKS ROLLS, WHEAT SALAD & FRUIT BAR MILK, 1% LOWFAT MILK, SKIM KETCHUP BBQ SAUCE	12 NACHOS WITH GROUND BE EF BLUEBERRY MUFFIN SQUA RES VEGGIES, FRESH FRUIT, FRESH, ASSORTED MILK, SKIM	13 TURKEY & CHEESE SANDWI CH VEGETABLE NOODLE SOUP FRUIT, FRESH, ASSORTED MILK, SKIM MAYONNAISE MUSTARD	14 NO SCHOOL TODAY
17 NO SCHOOL TODAY	18 NO SCHOOL TODAY	19 GRILLED CHEESE SANDWIC H TOMATO SOUP VEGGIES, FRESH FRUIT, FRESH, ASSORTED MILK, SKIM	20 HOT DOG ON A BUN BAKED BEANS FRUIT, FRESH, ASSORTED VEGGIES, FRESH MILK, SKIM KETCHUP MUSTARD	21 PEPPERONI PIZZA FRUIT, FRESH, ASSORTED VEGGIES, FRESH MILK, SKIM
24 BREAKFAST FOR LUNCH FRUIT, FRESH, ASSORTED MILK, SKIM KETCHUP	25 QUESADILLA, CHICKEN FRUIT, FRESH, ASSORTED VEGGIES, FRESH MILK, SKIM	26 TURKEY, MASHED POTATOE S, AND GRAVY ROLLS, WHEAT FRUIT, FRESH, ASSORTED MILK, SKIM	27 ITALIAN DIP STICKS SPAGHETTI SAUCE GREEN BEANS FRUIT, FRESH, ASSORTED MILK, SKIM	28 CHEESEBURGER ON A BUN POTATO SALAD FRUIT, FRESH, ASSORTED MILK, SKIM KETCHUP MUSTARD