



Monday	Tuesday	Wednesday	Thursday	Friday
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1

MUFFIN, BANANA (WG)
 MUFFIN, CHOCO CHIP (WG)
 MUFFIN, BLUEBERRY (WG)
 CEREAL, VARIETY (WG)
 YOGURT, STRWBRY BANNA
 BAGEL (WG)
 CREAM CHEESE
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

2

ENGLISH MUFFIN W/ SAUSA
 GE
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

3

FRENCH TOAST STICKS
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 YOGURT, STRWBRY BANNA
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

4

BREAKFAST BURRITO WITH
 SAUSAGE
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM
 RED SALSA

5

8

MUFFIN, BANANA (WG)
 MUFFIN, CHOCO CHIP (WG)
 MUFFIN, BLUEBERRY (WG)
 CEREAL, VARIETY (WG)
 YOGURT, STRWBRY BANNA
 BAGEL (WG)
 CREAM CHEESE
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

9

BISCUIT, HAM & CHEESE
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

10

FRENCH TOAST STICKS
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 YOGURT, STRWBRY BANNA
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

11

BREAKFAST BURRITO WITH
 SAUSAGE
 BAGEL (WG)
 CREAM CHEESE
 CEREAL, VARIETY (WG)
 STRING CHEESE, MOZZ
 FRUIT, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM
 RED SALSA

12

15

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

16

ENGLISH MUFFIN W/ SAUSA
GE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

17

FRENCH TOAST STICKS
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

18

BREAKFAST BURRITO WITH
SAUSAGE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
RED SALSA

19

22

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

23

ENGLISH MUFFIN, HAM & C
HEESE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

24

THANKSGIVING BREAK

25

THANKSGIVING BREAK

26

29

MUFFIN, BANANA (WG)
MUFFIN, CHOCO CHIP (WG)
MUFFIN, BLUEBERRY (WG)
CEREAL, VARIETY (WG)
YOGURT, STRWBRY BANNA
BAGEL (WG)
CREAM CHEESE
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

30

ENGLISH MUFFIN W/ SAUSA
GE
BAGEL (WG)
CREAM CHEESE
CEREAL, VARIETY (WG)
STRING CHEESE, MOZZ
FRUIT, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

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