



## **PUBLIC RELEASE**

### **Lake County School District R-1 will provide breakfast and lunch at no cost for all students**

Lake County School District R-1 is pleased to announce its participation in the Community Eligibility Provision. All Lake County School District R-1 schools will offer no-cost breakfast and lunch to all students during the 2024-2025 school year. Research shows students who are not hungry perform better in school. By providing breakfast and lunch to all students at no cost, we better support their learning.

These breakfasts and lunches follow U.S. Department of Agriculture guidelines for healthy school meals. Families can feel secure knowing the meals they eat at school meet rigorous federal and state nutrition standards. School cafeterias always offer fruits, vegetables, whole grains, lean protein and low-fat or fat-free milk. School meals also meet limits on calories, sodium and unhealthy fats.

We encourage all families to choose school meals. This increases funding for our schools and creates a strong school community around mealtimes. It also saves time and money, which families can use for what's most important to them.

#### **Non-discrimination Statement:**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or

2. **fax:**  
(833) 256-1665 or (202) 690-7442; or
3. **email:**  
[program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.